



## Conscious Connection through the Natural Voice

A personal development workshop with Anthony Johnston

***Explore your inherent ability to relate with creativity, authenticity and power through your 'natural, embodied voice'***

- ~ Discover your natural and unique voice ~
- ~ Communicate with greater power, freedom and authenticity ~
- ~ Express who you really are with confidence and ease ~
- ~ Embody the deep joy of being alive NOW ~

*"I have never attended a workshop so liberating, simple, profound, challenging, connecting, inspiring, joyful, poignant and insightful as this one! I am literally FULL in mind, body and soul".*

The workshop offers each participant a glimpse into a different kind of relating; one that affirms our capacity for soulful expression and our ability to meet each other at a deeper, more enriching level.

This approach is therapeutic, but is not therapy. It is both respectful and non-judgemental and one that affirms our choice to jump or not. It is open to you regardless of ability or any previous experience. We will be working as a group, in pairs and individually.

### Anthony Johnston

Anthony is a group facilitator and coach with over 30 years experience. He has followed a path of personal and spiritual growth throughout his adult life, with a particular interest in how our free and liberated voice can bring us back home to our true selves, deepen our relationships and restore us to a natural state of well being.

To find out more about Anthony's work please check: [www.realvoice.co.uk](http://www.realvoice.co.uk)

**SUNDAY 29<sup>TH</sup> OCTOBER 10.30am – 5pm**

**Trinity Rooms, Field Road, Stroud GL5 2HZ**

**Cost: EARLY BIRD £65 (until 1<sup>st</sup> October) £75 thereafter**

To book please email: [realvoice.info@gmail.com](mailto:realvoice.info@gmail.com)

*\*Personal Development CPD certificates issued on request*

*\*\*Please bring food to share*

