

# Singing in the Wild

Wednesday 1st to Sunday 5th April 2026

A Transformational Voice Retreat  
with Anthony Johnston



*A nature-based retreat exploring authentic expression, embodied presence, and emotional freedom through sound, song and the natural voice.*

Singing in the Wild is a journey of self-discovery and soulful connection, that draws upon age-old wisdom and contemporary communication practices that awaken our connection to ourselves, to life, and to one another. Through breath work, voice, song, nature connection, contemplation, and ritual, participants are gently invited to reclaim a deeper sense of inner wholeness, aliveness and soul.

Three decades of exploration have shaped this unique offering, to support you to:

Awaken and express your natural voice with greater joy, power and ease

Find your unique, authentic expression - the voice of who you are

Deepen your connection with yourself, others, and the natural world

Release stuck patterns and grow beyond the narratives that hold you back

Transform the way you communicate, bringing greater depth, richness, to your life

*"I honestly don't know what it is he does exactly, or how he does it. But he does it every time – magic happens and we enter sacred space, wonderful things come."*



## ETHOS

This is a therapeutic approach to the voice, but is not therapy. Clear agreements and boundaries create a safe and non-judgmental space where trust can grow. Participants are invited to take risks in their own time and at their own pace, with each person's choice to sound, speak, or to remain silent is respected.

*This approach doesn't involve any form of forced emotional release or screaming.*

*"I have never attended a workshop so liberating, simple, profound, challenging, connecting, inspiring, joyful, poignant and insightful as this one.  
I am literally FULL in mind, body and soul".*

## ABOUT ANTHONY JOHNSTON

Anthony is a group facilitator, coach, choir leader, and musician based in Devon, UK.

For over 30 years, his work has explored the natural voice as a gateway to self-discovery and authentic expression. Through his retreats and workshops in the UK and Europe, he has developed an approach that is grounded, experiential, and deeply relational.

Rooted in a lifelong path of personal and spiritual enquiry, this work rests on the understanding that conscious communication, and the embodied use of the voice, can take us beyond self-limiting narratives and return us back into our shared humanity and who we truly are.

Over the years, Anthony has supported countless people rediscover their unique expression and to come home to their natural state of being. From this place, a different sound can flow - the music of the 'true self' - opening the possibility of living life with greater clarity, purpose, and vision.



*"Your support was impeccable throughout, so full of heart, care, warmth, humour, gentle challenge and skilful guidance. I have truly been transformed and enriched through knowing you and working with you."*

*"Anthony has a unique ability to take a group of strangers and, within a couple of days, to turn them into a cohesive group that can hold and receive each other's grief, anger, joy, emptiness, fun or whatever else arises with complete commitment, love and honour."*

## THE VENUE

Eden Rise Retreat Centre, Sandwell Barns, Harberton, Totnes, Devon TQ9 7LJ

Housed in two 200-year-old converted barns on the outskirts of Totnes, Eden Rise has been hosting retreats for many years. The centre is set within its own grounds and offers a nurturing, calm, and inspiring setting.

The surrounding landscape - open, spacious, and gently held - naturally supports and deepens this work, enriching our time together.

## FOOD

Our meals and snacks are vegetarian, locally sourced, and thoughtfully prepared by our experienced cook.

Food and drinks are included in the cost of the retreat. *Please let us know of any dietary requirements or allergies when booking.*

## ACCOMMODATION

All rooms are warm and comfortable, with views of the gardens and the surrounding countryside, offering a simple and restful place to stay.

## TIMES OF ARRIVING & LEAVING

You are welcome to arrive from 6.00pm on Wednesday 1st April

The retreat finishes at 4pm on Sunday 5th April.

*Please do not aim to arrive late or to leave before the retreat has ended.*



## PRICES

*To book your place, please send a deposit of £250*

**Early bird price** - £775 (£150 saving) - ends Wednesday 25th February 2026

**Standard price** - £925 - starts Thursday 26th February 2026

*Financial support if needed...*

## *Financial support if needed...*

We believe this retreat gives great value for what is included: four nights' accommodation, all meals and a rich, transformative experience with much contact time that will bring lasting benefits.

We want to make this event accessible. So if finances are tight, please get in touch to discuss a payment plan. We are also offering two subsidised places.

Places are intentionally limited to 14 to keep the group small, well held and focused.

## **HOW TO REGISTER AND BOOK**

### **Get in touch and book a call**

Singing in the Wild is a significant commitment and it's important that it feels like a good fit for both of us.

If you haven't worked with me before, or not in this longer format, I suggest we arrange a short call to meet, and to explore whether the retreat is right for you and is what you're looking for.

The call is complimentary and carries no obligation to sign up. This is not a sales call.  
Calls are held over Zoom.

I'll share a little more about the retreat and what's involved. You're welcome to ask anything you wish about the retreat and what's involved.

### **Pay a Deposit**

To book your place, please send a deposit of £250.  
*Please see our cancellation policy - [www.realvoice.co.uk](http://www.realvoice.co.uk) website*

### **Fill in the Application Form**

So we can best support you during the retreat, we will send you an application form to fill out.

*All answers will be treated in the strictest confidence.*

### **Receive Confirmation**

After approving your application, we will send you further detail - directions, what to bring and how best to prepare.

### **\*\*\* REAL VOICE PRACTITIONER TRAINING \*\*\***

Singing in the Wild is not a training. But successfully completing the retreat is a prerequisite to taking part on Anthony's Practitioner Training. If you are interested in this, please get in touch.

### **THE VILLAGE SOUL PROJECT CIC**

Singing in the Wild is sponsored by our not-for-profit organisation "The Village Soul Project" which runs and hosts events in support of personal growth and enhanced mental and emotional wellbeing.